



POLICY

Document Name:	CELC 2.9 Hygiene, Health and Wellbeing Practices
Approved By:	Chris Warner Director CELC & Business Services
Approval Date:	12/08/2026
Next Review:	12/08/2029
Previous Approval:	New

PURPOSE

The purpose of this Policy is to provide a framework for maintaining and promoting high standards of hygiene, health, wellbeing and cultural safety within Centacare Early Learning & Care (CELC). The policy aims to minimise the spread of infectious diseases, support the physical health and wellbeing of children and educators, and foster the development of positive hygiene and self-care practices in children. It also ensures that CELC meets its duty of care and legislative obligations by providing a safe, healthy, inclusive and culturally responsive environment where children can learn, grow and thrive. Through consistent health, hygiene and wellbeing practices, CELC seeks to empower children to develop lifelong healthy habits while safeguarding the wellbeing of the entire CELC community.

SCOPE AND AWARENESS

This policy applies to all individuals who work in, attend, participate in, or visit CELC, including the Approved Provider, Nominated Supervisor, Responsible Persons, educators, staff members, volunteers, students, enrolled children, families, and visitors. All persons covered by this policy are expected to support and comply with the CELC's hygiene, health and wellbeing practices to ensure a safe, healthy, inclusive and culturally respectful environment for children, educators and the broader CELC community.

POLICY STATEMENT

Centacare Early Learning & Care (CELC) is committed to promoting and maintaining the health, wellbeing, safety and cultural safety of all children, educators, volunteers and visitors through the implementation of quality hygiene practices and the development of children's self-care skills.

CELC recognises that effective hygiene and wellbeing practices significantly reduce the spread of infectious diseases and other contagious conditions and contribute to a safe, healthy and culturally inclusive environment.

CELC is committed to continuous improvement and will adopt current recommendations and guidance from reputable health authorities and recognised early childhood education and care resources to ensure best practice in health, safety and child wellbeing.

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COMPLIANCE

- National Health and Medical Research Council (NHMRC) - [Staying Healthy in Childcare Guidelines, 6th Edition](#)
- [Queensland Health Timeout Poster](#)
- [Education and Care Services National Regulations](#)
 - Regulation 77 – Health, hygiene and safe food practices
 - Regulation 85 – Incident, injury, trauma and illness policies and procedures
 - Regulation 86 – Notification to parents of incident, injury, trauma and illness
 - Regulation 88 – Infectious diseases
 - Regulation 103 – Premises, furniture and equipment to be safe, clean and in good repair
 - Regulation 104 – Furniture, materials and equipment
 - Regulation 160 – Child enrolment records
 - Regulation 168 – Required policies and procedures
 - Regulation 170 – Policies and procedures to be followed
 - Regulation 171 – Availability of policies and procedures
 - Regulation 173 – Display of prescribed information
- [Education and Care Services National Law \(Queensland\)](#)
 - Section 167 – Protection of children from harm and hazards
 - Section 172 – Display of prescribed information
- [National Quality and Standard for Early Childhood Education and Care](#)
 - Quality Area 2: Children's Health and Safety
- [Work Health and Safety Act 2011](#)
- [National Immunisation Program Schedule](#)
- [Public Health Act 2005 \(Qld\)](#)
- [Child Safe Standards | Queensland Family and Child Commission](#)
- [A New Tax System \(Family Assistance Administration\) Act 1999](#)

BREACHES OF THIS POLICY

Any individual found to have breached the requirements of this policy may be subject to disciplinary action. The nature of the action taken will depend on the severity and circumstances of the breach and may include, but is not limited to, a formal warning recorded on the individual's personnel file, suspension, or dismissal in cases of serious misconduct.

REVIEW PROCESS

This policy will be reviewed whenever there are changes to relevant legislation, regulations, standards, or recognised best practice guidelines, and otherwise in accordance with the organisation's policy review schedule.

The review process will be informed by:

- The effectiveness and practical implementation of policies and procedures
- Feedback and consultation with employees and other relevant stakeholders

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- Findings from Quality Management Review processes and associated Corrective Action Plans
- Outcomes of internal and external audits, inspections and compliance assessments, along with any identified risks, incidents, trends, or opportunities for continuous improvement

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